



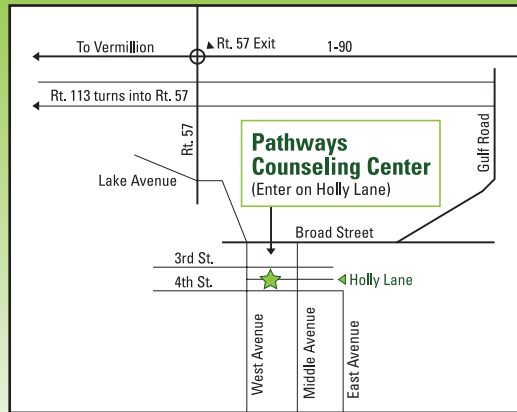
Health is a delicate balance of body, mind and spirit.

Since 1981, Pathways Counseling and Growth Center has been helping the residents of Lorain County achieve that delicate balance. Pathway's licensed counselors are skilled and experienced in dealing with a variety of needs:

- From general counseling needs
- To providing employers with an excellent Employee Assistance Program (EAP) resource
- To offering clergy, a trusted resource for faith-based counseling
- To giving physicians a quality referral source for their patient's needs
- To supporting teachers and parents with counseling programs that help children and adolescents with behavior and/or school problems

Pathways has a program designed to meet your needs. Pathways helps people from all ages and walks of life to recover from their distresses and be better able to live healthy, happy and productive lives.

Contact Pathways today to see how they can assist you.



Driving Directions

The Center is located on the top floor of the First United Methodist Church. The entrance and parking lot are located off Holly Lane.

From the East: Take I90W/OH-2W toward Toledo. Take OH-57 S exit (Exit 145A) toward Elyria. Merge onto Lorain Blvd. Turn left onto Lake Ave. Lake Ave becomes West Avenue. Turn left onto Holly Lane. Parking is behind the First United Methodist Church.

From the West: Take I90E/OH-2E toward Cleveland. Take OH-57 S exit, Exit 145A toward Elyria. Merge onto Lorain Blvd. Turn left onto Lake Ave. Lake Ave becomes West Avenue. Turn left onto Holly Lane. Parking is behind the First United Methodist Church.

From the Southeast: Take I480W/10W/20W to Rt. 57 exit. Turn right and take 57 North. Turn Left at East Broad Street. Turn left at Middle Avenue. Turn right at Holly Lane. Parking is behind the First United Methodist Church.

From the Southwest: Take I0E/20E to Grafton Road exit. Turn left and take Grafton Road North. Grafton Road becomes East Avenue. Follow East Avenue North, turn left onto 4th Street. Turn right onto Middle Avenue. Turn left onto Holly Lane. Parking is behind the First United Methodist Church.



Pathways Counseling & Growth Center

312 Third Street
 (Entrance on Holly Lane)
 Elyria, OH 44035
 (440) 323-5707

www.pathwayscounselingcenter.com



Pathways Counseling & Growth Center

A Lorain County Professional Counseling Agency

How Can Pathways Counseling Help?

Since 1981, Pathways Counseling & Growth Center in Elyria has specialized in working with individuals, couples and families. A non-profit, interdenominational organization, Pathway's approach is to match the right therapist with you and your concerns.

Counselors are licensed, experienced and ready to help. Pathways has licensed counselors who also have degrees in theology.

Pathways has helped children, adolescents and adults with concerns including, but not limited to:

- Single parent issues
- Relationship/couples counseling
- Parenting stress
- Life transitions
- Behavioral issues; difficulties with school, family, social life or ADHD
- Anxiety
- Depression
- Feelings of failure
- Posttraumatic stress
- Lack of personal fulfillment
- Anger management
- Financial situations
- Issues of faith or spiritual concerns
- Bereavement or loss

Scheduling an Appointment

To use Pathway Counseling services, call **(440) 323-5707** to complete a general questionnaire over the phone. Once this has been completed and reviewed, a therapist will contact you to schedule a convenient appointment.

Pathways accepts most insurance plans. Services are provided to help you determine your coverage.

For more information about how *Pathways Counseling & Growth Center* can help you, call Pathways at **(440) 323-5707**.



Mission

To provide body, mind and spirit-centered psychological counseling services so that adults, children, couples and families develop their full potential.

***Making a difference
in people's lives.***



Proud Member of the Mental Health
Network of Lorain County

**A Special Thanks to those
who care and support Pathways**

Visit us on our website at
www.pathwayscounselingcenter.com.

